



LNTTCARES.RALLY.ORG

SUNDAY JULY 11, 2021 POCONO MOUNTAIN WEST HIGH SCHOOL

181 Panther Lane • Pocono Summit, PA

5k RUN/WALK

2021

PART OF THE LAKE NAOMI/TIMBER TRAILS CARES RALLY

Check-in: 7:30 -8:30 AM
Event Start: 9:00 AM
SHARP



TO REGISTER GO TO:

raceroster.com/47578

ONLINE REGISTRATION:

Must be completed by Thursday, July 8th at 11:00pm

\$25/includes T-shirt to the first 250 registrants

ON SITE "DAY OF" REGISTRATION

\$30 (cash only)

Bring extra cash to event

*for a chance to win
fabulous raffle prizes!*



AWARDS

Overall Top 3
Male/Female
Categories

AGE Groups
9 & under to
Age 70+

*Bib and t-shirt pick up for pre-registered entrants will be held **FRIDAY, JULY 9TH**
from 3pm-7pm at the NE corner of 940/423 Pocono Pines*



The TOMEK Food Pantry on Firehouse Road in Pocono Pines serves your immediate community in times of need.

For more information or for volunteer opportunities:

5kwalkrun4fun@gmail.com

SUBJECT TO ALL PA COVID RESTRICTIONS